

## REFLECTIONS FOR THIS SUNDAY

### “10TH SUNDAY OF THE YEAR”

**FIRST READING:-A reading from the Book of the Kings (17: 17 -24)**  
Elijah begs God to restore life to the son of a widow and the Lord grants his request which made her acknowledge that he was a man of God.

**RESPONSE :- I will praise you, Lord, you have rescued me.**

**SECOND READING: - A reading from the Letter of St. Paul to the Galatians (1: 11 -19)**

St Paul tells the story of his life before and after his conversion. He defends his authority to preach the Gospel, and the truth of his doctrine.

**GOSPEL :-A reading from the Holy Gospel according to St Luke (7: 11-17)**

Moved with compassion, Jesus, with a word, raises to life a young man, the only son of a widow, who is being carried out for burial.

### वर्षा का दसवां इतवार

पहला पाठ: राजाओं का पहला ग्रन्थ 99:99-28

इस्राइल में अकाल पड़ा था और नबी एलियस ईश्वर के आदेशानुसार सरेप्ता की विधवा के यहाँ रहते थे। विधवा का पुत्र मर गया और एलियस की प्रार्थना सुन कर ईश्वर ने उसे पुनर्जीवित किया

अनुवाक्य: हे प्रभु! मैं तेरी स्तुति करूँगा। तूने मेरा उद्धार किया है।

दूसरा पाठ: गलातियों के नाम सन्त पौलुस का पत्र 9:99-99

संत पौलुस गलातियों से कहते हैं कि वह पहले कट्टर यहूदी थे और येशू के शिष्यों पर अत्याचार भी करते थे। दमिश्क के रास्ते में येशू ने स्वयं पौलुस को अपना प्रेरित बनाया। इसलिए संत पौलुस इस पर गौरव करते हैं कि येशू ने उन पर सुसमाचार प्रकट किया है।



सुसमाचार: सन्त लूकस के अनुसार पवित्र सुसमाचार 9:99-99

सुसमाचार के बहुत-से स्थलों पर इस बात का उल्लेख किया गया है कि लोगों की दयनीय दशा देख कर येशू को तरस हो आया। नाइम की एक विधवा का एकलौटा बेटा मर गया। येशू ने देखा कि लोग इसे दफनाने के लिए ले जा रहे हैं। उन्होंने आरथी ढोने वालों को रोका और युवक को पुनर्जीवित कर उसे विधवा माता को सौंप दिया।



## PARISH NEWS

### FREE CLINIC AT MARIA BHAVAN BASEMENTL:

#### ACCUPRESSURE TREATMENT :

There is free clinic for accupressure treatment every Saturday from 10:30 am to 01:00 pm.

#### HOMEOPATHIC TREATMENT :

Free homeopathic treatment is available every Saturday from 04:30 pm to 07:00 pm.

#### Thought of the Week

“Your present circumstances don’t determine where you can go; they merely determine where you start.”

**Nido Qubein**

#### LEO FLORISTS:

**Specialists in:** Church Decoration for Marriages and Marriage Anniversaries, Wedding bouquet, Car Decoration & Office Arrangements.

**Contact: Deepak Massey**

**Mobile: 9810323408, 9891210568**

#### SMALL CHRISTIAN COMMUNITY MEETING:

Small Christian Community meeting on Friday, 14th June at the residence of Mr. Stanislaus Lakra, 63 4/B Kalibari Marg.

#### HOLY FATHER’S INTENTIONS FOR THE MONTH OF JUNE

**General Intention:** That a culture of dialogue, listening and reciprocal respect may prevail among the nations.

**Missionary Intention:** That in these areas where the influx of secularization is strongest, Christian communities may learn to effectively promote a new evangelization.

## READINGS OF THE WEEK

10/Mon 2 Cor 1: 1-7; Ps 34; Mt 5:1-12

11/Tue Acts 11:21-26, 13:1-3; Ps 98; Mt 10: 7-13

12/Wed 2 Cor 3: 4 -11; Ps 99; Mt 5: 17-19

13/Thu 2 Cor 3: 15-4:1, 3-6; Ps 85; Mt 5:20-26

14/Fri 2 Cor 4: 7-15; Ps 116; Mt 5:27-32

15/Sat 2 Cor 5:14-21; Ps 103; Mt 5:33-37

# CATHEDRAL Calling

“ GO, AND SIN NO MORE! ”

Parish Bulletin  
**Sacred Heart Cathedral**  
1, Ashok Place, New Delhi - 110 001

☎ 23363593



#### Parish Priest:

Rev. Fr. Maria Susai

#### Co-pastors :

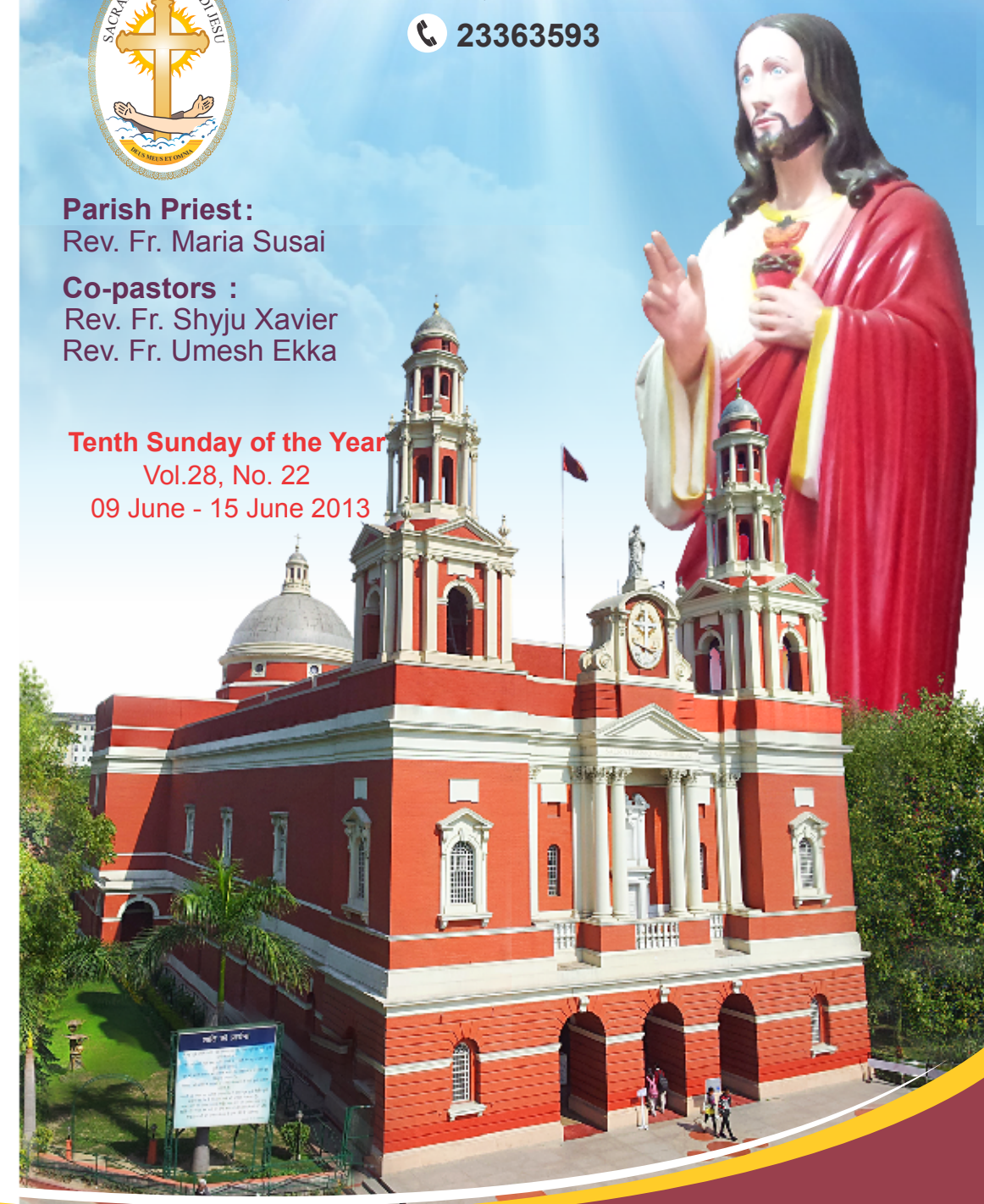
Rev. Fr. Shyju Xavier

Rev. Fr. Umesh Ekka

#### Tenth Sunday of the Year

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## SUMMER MASS TIMINGS

### SATURDAYS:

**Cathedral : 6.30 p.m. Sunday Anticipated Mass (English)**  
**(Weekday Masses at 6.00 a.m., 1:00 p.m. and 6.30 p.m.)**

### SUNDAYS:

Cathedral :	06.30 a.m.	—	English
	07.30 a.m.	—	Malayalam
	09.00 a.m.	—	English
	10.15 a.m.	—	Hindi
	11.30 a.m.	—	English
	04.30 p.m.	—	Hindi
	06.30 p.m.	—	English
Carmel :	07.30 a.m.	—	Hindi
Mater Dei :	07.00 a.m.	—	Hindi
ISI :	07.00 a.m.	—	Hindi

Apostolic Nunciature : 07.30 & 10.00 a.m.—English

### REFLECTION:

he Heart of Jesus is all about compassion; it is all about being moved by - and meeting the needs - of others.

As we hear in today's Gospel, Jesus is moved with compassion for the widow whose only son has died. Jesus' compassion would move him to approach the body, touch it and command the young man to rise. As the young man returned to life, Jesus gives him to his mother. Jesus' compassion not only brings life; it brings rejoicing and gladness by restoring the relationship between a mother and her son.

We see the same power of God at work through the prophet Elijah. A young man is brought back to life and given back to his widowed mother. Elijah's action in restoring the woman's son to life was intended to correct the notion that God vengefully willed death as punishment for sin. Indeed, Elijah's wonderful deeds underscored God's love and compassion for all those whom he wished to heal and enliven.

As we look back on the flow of Sacred History, we realize that the miracles of bringing the dead back to life foreshadow the mystery of the Death and Resurrection of Jesus. He died for our sins and he rose to share life with us, a sharing in his life.

As Jesus spoke to the young man who had died, he speaks to us, "Young man, young woman, older man, children, I tell you rise." What about us?

How does God invite, challenge - yes, command - to continue to unleash the power of his compassionate, generous love in our relationships with others? Every time that Jesus allowed his heart to be moved by the needs of others, power to forgive, to heal, to feed - even to raise from the dead - was released in him. Can the same be said of us?

## PARISH NEWS

### CATECHETICAL PROGRAMME:

It has come to our notice that there are some parishioners who have not received the Sacrament of Confirmation and other Sacraments due to some reason. We have been making effort to trace them and provide them with the necessary catechesis required for the reception of the Sacraments. As it is not possible for us to individually attend to them, we would like to hold a special catechetical programme for such candidates. Kindly contact the Parish Fathers.

### SEMINARY FUND:

It being the second Sunday of the month, a second collection will be taken today at all Masses for the Seminary Fund.

### DIOCESAN EDUCATION SCHEME:

Application forms for the Diocesan Education Scheme for the current academic year 2013-2014, are available at the Parish Office. The last date for receipt of completed application forms is 31st July, 2013.

### CONFERRAL OF SACRAMENTS:

The Sacraments of Holy Communion and Confirmation will be conferred on our children on 27th July and 03rd August, 2013 respectively. There will be special classes for these children in the month of July.

### SOUVENIR-2013:

As we have been announcing, a Souvenir to mark the Parish Mela which was held in the month of April, will be brought out on the Parish Feast Day, i.e. on 22nd September, 2013. You can be part of this noble venture by helping us get advertisements, complimentary messages, etc. All information regarding this is given overleaf. For details, kindly contact the Catholic Association members.

### SOUVENIR-2013 PARISH WEBSITE:

We are very happy to inform you that so far over forty five thousand people have visited our Parish Website since its official launch last February. Our effort has been to keep it informative with regular updates. We sincerely thank you for your valuable suggestions and prayers.

## पल्ली सूचनाएँ

### संस्कारों का क्रियान्वयन

पवित्र परमप्रसाद और दढ़िकरण संस्कार हमारे बच्चों को २७ जुलाई २०१३ और ३ अगस्त २०१३ क्रमशः प्रदान किया जायेगा। हम सूचीबद्ध किये गये बच्चों के माता-पिता को स्मरण दिलाते हैं, कि जुलाई महीने में आयोजित धर्मशिक्षा की कक्षा में उनके बच्चों की नियमित उपस्थिति अनिवार्य है, अन्यथा उन्हें संस्कार ग्रहण करने के लिए अयोग्य घोषित कर दिया जायेगा।



### पल्ली वेबसाइट

हमें आपको सूचित करते हुए अपार खुशी हो रही है कि पिछले फरवरी माह में औपचारिक रूप से प्रारम्भ की गयी पल्ली वेबसाइट को ४५ हजार से भी अधिक लोगों ने देखा। हमारा प्रयास यही है कि हम इसे वर्तमान समाचारों एवं सूचनाओं के साथ ज्ञानप्रद बनाये रखें। आपके मूल्यवान परामर्शों एवं प्रार्थना के लिए हम आपका धन्यवाद करते हैं। जानकारीयों प्राप्त करने के लिए कृपया पल्ली वेबसाइट अवश्य देखें।

### सोविनियर - २०१३

आपको सूचित किया जाता है कि अप्रैल माह में आयोजित पैरिश मेला को यादगार बनाने के लिए एक सोविनियर २२ सितम्बर २०१३, पल्ली पर्व के दिन निकाला जायेगा। आप विज्ञापनों, शुभकामना संदेशों द्वारा इस अच्छे कार्य में अपना योगदान दे सकते हैं। अधिक जानकारी के लिये काथलिक सभा के सदस्यों से संपर्क करें।

### धर्मशिक्षा कार्यक्रम

हमारी जानकारी के अनुसार कुछ पल्लीवासियों ने पवित्र दढ़िकरण संस्कार और अन्य दूसरे संस्कार अभी तक किसी कारणवश ग्रहण नहीं किये हैं। इसलिए हमारी तरफ से यह प्रयास है कि हम आप लोगों को पवित्र संस्कार ग्रहण करने हेतु पूर्ण रूप से तैयार करें कृपया अधिक जानकारी के लिए पल्ली पुरोहितों से सम्पर्क करें।

### धर्मप्रान्तीय शिक्षा स्कीम

२०१३-२०१४ के कपवर्गमैद स्कनबंजपवदै बीमउम के फॉर्म पल्ली कार्यालय में उपलब्ध है। जमा करने की आखिरी तारीख ३१ जुलाई २०१३ है।



*"Ask and it will be given to you; seek and you will find;  
knock and the door will be opened to you."*